

# **THE HEALTH PROFIT GROUP**

Presents

## **“The Corporate Wellness Programme”**

Knutsford Court Hotel, Kingston, September 19, 2006 from 8:00am- 4:30pm”

### **Come learn how to:**

Confidently Plan intervention programmes  
Increase participation levels  
Track participation progress  
Measure & Evaluate your results  
Sustain and Grow Your Programme

### **Who attends:**

Health Promotion Specialists  
Wellness program facilitators  
Human Resource Managers  
Employees Benefits Directors  
All Health Professionals

### ***Package Includes:***

*Self Administered Risk Reduction Assessment, Manual with power point presentations, Lunch, 2 breaks, and much networking!*

### **Presenters**

#### **Patricia Fletcher**

A Nutritionist and Corporate Wellness Consultant, who started her own firm, The Health Profit Group 6 years ago. She has worked with several local companies in varying capacities in their wellness programmes and was recently contracted by the Ministry of Health to design the Wellness Programme Manual, which is to be used locally and promoted in the Caribbean. Her organization has a unique thrust of introducing effective, efficient and uncommon health devices, such as the rebounder, the heart rate monitor, the pedometer and the electro-reflex energizer, supports to the lifestyle behaviour change and improving health.

***Back by the demand from Kingston!!!***

**You can't afford to miss it!**

**Early Bird Registration discount of US\$50 ends September 1, 2006**

**Group discounts, US\$10 each for 2 or more from the same company and Otherwise**

**Registration Fee is US \$210 + GCT or J \$16,147**

**For further information call 307-7802 or 339-9817 or visit [www.wellness-training.org](http://www.wellness-training.org)**

**Email: [pfletcher@wellness.org](mailto:pfletcher@wellness.org)**

- **CE Credits available**
- **Book Early; Download Registration form from website**
- **Participants are responsible for accommodations**
- **Registration Closes September 12, 2006**